



TWIN CITIES SWIM TEAM 2018-2019

PRACTICE SCHEDULE October 9, 2018 – November 16, 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GROUP A	OFF	4:30-5:30pm	OFF	4:30-5:30pm	OFF
GROUP B	4:30-5:30pm	OFF	4:30-5:30pm	OFF	5:00-6:00pm
GROUP C	5:30-7:00pm	7:15-8:45pm	5:30-7:00pm	7:15-8:45pm	6:00-7:00pm
GROUP D	5:30-7:00pm	7:15-8:45pm	5:30-7:00pm	7:15-8:45pm	6:00-7:00pm

PRACTICE SCHEDULE November 19, 2018 – February 16, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GROUP A	OFF	4:00-4:45pm	OFF	4:00-4:45pm	OFF
GROUP B	4:30-5:15pm	OFF	4:30-5:15pm	OFF	5:00-6:00pm
GROUP C	5:15-6:30pm	4:45-6:00pm	5:15-6:30pm	4:45-6:00pm	5:00-6:00pm
GROUP D	5:15-6:30pm	4:45-6:00pm	5:15-6:30pm	4:45-6:00pm	5:00-6:00pm

PRACTICE SCHEDULE February 18, 2019 – February 28, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GROUP A	OFF	4:30-5:30pm	OFF	4:30-5:30pm	OFF
GROUP B	4:30-5:30pm	OFF	4:30-5:30pm	OFF	5:00-6:00pm
GROUP C	5:30-7:00pm	7:15-8:45pm	5:30-7:00pm	7:15-8:45pm	6:00-7:00pm
GROUP D	5:30-7:00pm	7:15-8:45pm	5:30-7:00pm	7:15-8:45pm	6:00-7:00pm

Those participating in any Championship Meets held after the Y State Meet (March 1 – 3, 2019) will continue beyond this finish date and their memberships must be kept active during this time. Practice times may be adjusted depending on number of swimmers for post season.

All TCST swimmers participate at Y States.

Program Fees Winter Session 2018 - 2019

Group A	\$295.00 + Y membership
Group B	\$305.00 + Y membership
Group C	\$385.00 + Y membership
Group D	\$415.00 + Y membership

**If you are on an active HS swim team please let the desk staff know at the time of registration.*

Optional payment plan: Program fees may be broken up into 5 payments with the 1st payment due at time of registration. The remaining four payments are due on either the 1st or 15th of each month November – February. All fees must be paid in full by the February draft date. **Please see the staff at 62 Turner Street to complete registrations and draft options.*

2018 - 2019	YMCA Swim Meet Schedule	
Date	Location	
November 10, 2018	PBAY (Camden/Rockland)@ TCST BATES COLLEGE	
November 17, 2018	TCST @ BYB (Bangor)	
December 15, 2018	TCST vs. CBS (Freeport)	
January 5, 2019	NYCY (Biddeford) @ TCST BATES COLLEGE	
January 19, 2019	TCST @ DEFY (Ellsworth)	
Jan 26 – 27, 2019	MSI Developmental Meet #2, Bates College HOSTED BY TCST [Fundraiser]	*swimmers must be US swim registered to compete, VOLUNTEERS NEEDED
February 3, 2019	- All- Star Meet – Hosted by TCST @ Bates [Fundraiser]	MANY VOLUNTEERS WILL BE NEEDED!!!
March 1 – 3, 2019	MAINE YMCA STATE MEET AT THE UNIVERSITY OF MAINE AT ORONO. <i>*All TCST swimmers participate at Y States.</i>	Swimmers will only swim their own age group/day and not the entire weekend. More to come...

- ***Dual Meets:** Two teams competing against each other. Coaches place all swimmers in these (as points are involved/teammates count on you to be there too). Please communicate with Coach Will by Tuesday the week of the meet at the latest. An email is best if you have a conflict with any of the Dual Meets.
- **Invitational Meets:** These are optional meets and we will post any that we plan to attend as a team. Watch your email and the bulletin board!
- **USA Swimming (MSI) Meets:** Requires an additional registration fee (optional to join and participate).

Contact information for Coach Will: TCST@alymca.org