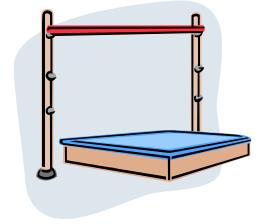


WINTHROP REC. RAMBLERS TRACK AND FIELD PROGRAM



June 24th to August 1st

Age Groups: 8&Under, 9-10, 11-12, 13-14

Practices: Mon. & Wed. 9:00 - 10:30am

Meets: Thursdays 10:00am

Fee: \$45.00 (Includes USATF Registration & Meet Fees)

Register by June 10th to ensure a team shirt by the first meet!!

(Shirt cost \$15.00)

Coach Van Tassel will once again lead the Winthrop Rec Ramblers Track and Field Club this summer. The team participates in the USA Track and Field Association's youth program. The team is for any Girl or Boy age 7 to 14 who would like to be a part of a Track Team. The team will practice twice a week, Monday and Wednesday from 9 to 10:30 am. Practices will provide participants an opportunity to improve their skills in all events.

Meets are once a week on Thursdays at 10:00 am and last between 2 to 3 hours. Each athlete gets to choose 3 or 4 events to compete in each week. The season culminates with a qualification meet in which the top 4 athletes in each event qualify to participate in the state meet (August 10th, Location - TBD). We look forward to meeting the team this summer and having a ton of fun participating in this great sport.

First practice will be June 24th, 9am on the track behind the grade school.

1st time Participants will need a copy of their Birth Certificate to register.

More detailed information will be emailed out to all registered participants

