

Rookie League Softball

Charlies

Coaches: Mark Abbott, Jodi O'Keefe

Aleaha	Abbott	207-377-8554	
Madeline	Allen	207-491-4499	207-491-2712
Heidi	Burtchell		
Leah	Clark	2076202582	2074583484
Savannah	Hinkley	2072409311	2073129860
Despina	Karamousadakis	207-242-9735	207-458-7764
Nora	Montgomery	978-436-0830	2074809304
Arianna	Moore	592-5555	931-6184
Abigail	O'Keefe	207-441-5838	
Alana-Rei	Plourde	2072421642	2076241607
Alayna	Rogers	2072154127	
Aurora	Sage	377-6189	
Nazyia	Howell	530-7611	



CENTRAL MAINE YOUTH SOFTBALL LEAGUE

8U Rookie League Rules 2019

8U Rookie League consist of girls ages 7 and 8.

The league will follow ASA softball league rules, exceptions to the rules are as follows:
Coaches are encouraged to meet prior to the game to make sure there is agreement on how rules will be enforced and interrupted.

GAMES: Play games on Wednesday and Saturdays

Every child should play equally in every game

Games begin at 6:00 p.m. during the week, and weekends will vary

No new innings after 2 hours of play

Home team decides to cancel game because of inclement weather; coach must reschedule with other team

All players and coaches must leave field in thunder or lightning

EQUIPMENT:

#10 RIF softballs will be used

Infield baseline will be moved in from 60' to 50' Home team responsible for throw down bases

PLAYERS:

Outfield positions cannot be closer to the pitcher than the 60' baselines

All outfielders must remain outside of the 50' base path at all times.

10 players on field if both teams have enough players. If both coaches agree can have more than 10 players on the field to allow more playing time.

Free substitutions.

PITCHING

The coach will pitch the game, and batters will be allowed 7 pitches.

At the end of 7 pitches, if the batter has not hit a fair ball, the batter is out. The batter will be out after 3 swinging strikes. A batter will continue to hit after 7 balls if they foul off the 7th pitch, the batter will remain at bat until she does not foul off any pitches.

After 2 weeks of the season, starting in the 3rd inning a player may pitch. They will throw up to 4 pitches. If the batter has not struck out or hit the ball the

coach will step in and finish the at bat. The pitcher may start again with next batter with same details of 4 pitches then coach finish the at bat.

Coach should not leave the field while player is pitching.

(This is not a requirement only a suggestion to help teach pitching)

A pitchers helper will be used when the coach pitches and will be positioned no further ahead than the major league pitching rubber (40ft.).

BATTING

A maximum of 6 runs per inning, or 3 outs, whichever comes first.

Continuous batting order, all players bat.

Bunting is not allowed in the Rookie League.

BASE RUNNING

No stealing allowed.

Base runners cannot leave the base until the ball crosses the plate.

A base runner can continue to advance throughout a play until the defense stops their forward progress.

Forward progress stops when the base runner stops because a defensive player has made them stop.

The runner can only advance one base on an overthrow.

Courtesy runner available only for catchers (runner may be any player that was not in the field in the previous inning).

DIRECTIONS TO PLAYING FIELDS (2019)

MANCHESTER Manchester home field is located behind the Manchester Elementary school off 202.

READFIELD Home games are played at Readfield Elementary School located at 84 South Road, Readfield.

MT VERNON Home games are played at the Mt. Vernon Elementary School, 1507 North Road, Mt. Vernon Rt 17 in Manchester for approximately 6 miles, turn right onto the North Road North Rd for approximately 7 miles The softball field entrance is before you get to the school on the right hand side.

WINTHROP

Rookie--- Charlies Chevrolet

Minors— Everything Kids & Charlies Chevrolet

Majors—Dirigo Surveying

Clough Field---Located across from YMCA Office on Town Hall Lane.

Come to down town Winthrop, sign for municipal building, that is town hall lane.

David Field---Located at Winthrop Middle School, go up Rambler Rd off Rt 133 you will see the sign for the Winthrop High School. Follow road by the High School, up the small hill and Davids field will be on your left.

High School Field---Located at Winthrop High School, 211 Rambler Road, go by the school Softball Field is on the corner going to the Middle School.

MONMOUTH

Rookie--- Mid-Maine Generator

Minors— Kaplan Electric

Majors— Kings Heating

Monmouth plays their games at Chick Fields. Directions are as follows:

From North: Take Rt. 202 Turn Left onto Main Street (Rt. 132) There is a brick church at the corner. Follow Main St. into town and turn Left onto Maple St. (by the Post Office) Go approximately 1 mile and Chick field is on the Right.

From South: Follow Rt. 132 into Monmouth Take Right onto Maple St. (by Post Office) Go approximately 1 mile and Chick Field is on the Right *Maple St. becomes Cobbosseconte Rd. which becomes Cobbossee Rd., if you are doing a map search.

